| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|--|--|
| Janu | lary | 2025 | 9:30 Exercise 1:00 Cards 2:00 New Years Movie | 9:30 Exercise 10:30 Manicures 1:00 General Store Open 2:30 Learn a new Skill - Tell Us What You Want to Learn 3:30 Bingo | 9:30 Exercise 10:30 Chase the Ace 11:00 Popular 50s Music 1:00 Catholic Mass 2:30 Jeopardy 3:30 1:1 Visits | 9:30 Exercise 10:30 Word Games 1:30 Stroll & Roll 2:30 Weekend Movie 3:30 Reading to Connect |
| New Year's Day | | | | | 10 | |
| 9:30 Exercise 10:30 Church Service 11:00 Worship Music 1:30 Learn Spanish 2:30 Broncos Game 3:30 Stroll & Roll | 9:30 Exercise 10:30 Kings in the Corner 1:00 Catholic Mass 2:30 Bingo 3:30 Soccer | 9:30 Exercise 10:30 ArtTrob Club** 1:00 General Store Open 1:30 Resident Council Open Discussion 2:30 Coloring 3:30 Karaoke | 9:30 Drum Beats 10:30 Manicures 2:00 General Store Open 2:30 New Years Goals and Photos for Vision Boards 3:30 Bingo | 9:30 Exercise 10:30 Vision Boards and Scrapbooking 1:00 General Store Open 2:00 Learn a New Skill - Looming | 9:30 Exercise 10:30 Food Committee 11:00 Popular 60s Music 1:00 Catholic Mass 2:30 Jeopardy 3:30 1:1 Visits | 9:30 Exercise 10:30 Word Games 1:30 Stroll & Roll 2:30 Weekend Movie 3:30 Reading to Connect |
| 9:30 Exercise 10:30 Church Service 11:00 Worship Music 1:30 Learn Spanish | 9:30 Exercise 10:30 Chase the Ace 1:00 Catholic Mass 1:30 Ask Anthony | 9:30 Chair yoga with Lilly 10:30 Hot Tea and Meditations 1:30 Classic Western | 9:30 Drum Beats 10:30 Bingo 1:00 Activity Planning 2:00 General Store Open | 9:30 Exercise 10:30 Zemtangle Art** 1:00 General Store Open 2:30 Learn a New Skill - | 9:30 Exercise 10:30 Kings in the Corner 11:00 Popular 70s Music 1:00 Catholic Mass | 9:30 Exercise 10:30 Word Games 1:30 Stroll & Roll 2:30 Weekend Movie |
| 2:30 Stroll & Roll 3:30 Men's Club | 2:30 Bingo 3:30 Soccer | Shows 2:30 Coloring 3:30 Karaoke | 3:30 Manicures Happy Birthday Mai R! | Crotcheting 3:30 Bingo | 2:30 Jeopardy 3:30 1:1 Visits | 3:30 Reading to Connect |
| 9:30 Exercise 10:30 Church Service 11:00 Worship Music 1:30 Learn Spanish 2:30 Stroll & Roll 3:30 Men's Club | 9:30 Exercise 10:30 Bingo Bonanaza! 1:00 Catholic Mass 2:30 Kings in the Corner 3:30 Soccer | 9:30 Chair yoga with Lilly 10:30 Recipe Exchange for our MV Cookbook 1:00 General Store Open 2:00 Karaoke and Happy Hour 3:30 Coloring | 9:30 Drum Beats 10:30 Manicures 2:00 General Store Open 2:30 Cooking Corner 3:30 Snack & Chat | 9:30 Exercise 10:30 Paint & Sip 1:00 General Store Open 1:00 Bowling Outing Sign Up with Activities | 9:30 Exercise 10:30 Party Board Games 11:00 Classic Rock Music 1:00 Catholic Mass 2:30 Jeopardy 3:30 1:1 Visits | 9:30 Exercise 10:30 Word Games 1:30 Stroll & Roll 2:30 Weekend Movie 3:30 Reading to Connect |
| Activity Professionals Week | Martin Luther King Jr. Day | | | | | |
| 9:30 Exercise 10:30 Church Service 11:00 Worship Music 1:30 Trivia 2:30 Stroll & Roll 3:30 1:1 Visits | 9:30 Exercise 10:30 Chase the Ace 1:00 Catholic Mass 2:30 Bingo 3:30 Soccer | 9:30 Chair yoga with Lilly 10:30 VR Travel 1:00 General Store Open 1:30 Classic Western Shows 2:30 Coloring 3:30 Karaoke | 9:30 Drum Beats 10:30 Resident Council 2:00 General Store Open 2:30 Manicures 3:30 Chinese New Year and Snacks Chinese New Year (Year of the Snake) | 9:30 Exercise 10:30 Learn a New Skill Ceramic Jewelry 1:00 General Store Open | 9:30 Exercise 10:30 Card Game: 31 11:00 Popular 80s Music 1:00 Catholic Mass 2:30 Jeopardy 3:30 1:1 Visits | |
| MOUNTAIN VISTA SENIOR LIVING COMMUNITY **ACTIVITIES SUBJECT TO CHANGE QUESTIONS? CONTACT THE ACTIVITIES DIRECTOR 303- 421-4161 Ext. 5011 | | | | | | |
| | | | | | | |