

A Striking Hobby



The first matchbook was invented by a Philadelphia lawyer named Joshua Pusey, who wanted a way to light his cigar while riding the train to work. By the early 1900s, businesses were printing matchbooks as advertisements. During the 1933 World's Fair in Chicago, matchbook enthusiasts started gathering to show off their collections. And in 1940, a collector named Henry Rathkamp decided that he would hold a collectors' convention at every World's Fair. In this way, the Rathkamp Matchcover Society was born, and its 83rd Annual Convention is meeting in Cincinnati, Ohio, this August 25–30.

A matchbook cover collector is called a *phillumenist*, and they collect unused matchbook covers with the matches stripped out of them. Generally, the covers are worthless, but what makes the hobby exciting is finding interesting or unusual pictures on the matchbook cover. Some covers also feature an "odd striker," which means that the striker for lighting the match is located in an unusual area, such as on a picture of the seat of Hitler's pants. Matchbook covers span a variety of themes, including patriotic, railroad, national parks, colleges, and sports teams. Some matchbook covers are contoured with interesting and atypical shapes.

As with most hobbies, the rarer covers are the most coveted. Perhaps the rarest matchbook cover is from a matchbook given to guests attending Charles Lindbergh's luncheon at the Astor Hotel in New York in 1927 to honor his crossing of the Atlantic. The Lindbergh cover sold in 2015 for \$6,000 at auction, becoming the most valuable matchbook cover in the world. Only 11 of these covers are known to exist. Of course, one needn't own a rare matchbook cover to enjoy this hobby. Even the simplest matchbook cover may strike your fancy and ignite your passion for collecting.

RC Presidential Corner



August can be one of the hottest months of the year, let's hope not! August is filled with fun days to celebrate, for instance August 1st, is Sister's Day, and National Friendship Day! August 3rd is National Watermelon Day. August 9th is National Book Lovers Day and August 10th is S'mores Day. August 22nd is National Tooth Fairy Day, August 26th is Women's Equality Day and August 30th is National Beach Day. August is Peach Month, love those Palisade Peaches! August is also International Pirates Month.

The Earl of Sandwich invented the sandwich in 1762. August is now named National Sandwich month. In addition, on August 28, 1963, Martin Luther King delivered his "I Have a Dream" speech in Washington D.C. Remember if you have a concern that affects the entire community bring it to Resident Council. If you have an individual problem, talk to your Nurse or CNA or fill out a green concern form.

Until next time,
Pat S!

Mountain Vista View

Mountain Vista Senior Living | 4800 Tabor Street Wheat Ridge, CO 80033 | 303.421.4161



Celebrating August

Birthdays

Pat W 8/1

Betsy B 8/2

George F 8/6

Gloria C, CNA 8/12

Peggy Ann S 8/14

Perry P, Nurse 8/14

Don K 8/15

Pete V 8/18

Judy F, Nurse 8/19

Gabriela R, CNA 8/19

Mary Jeanne M – 8/22

Elaine M, Laundry 8/22

Arlene D – 8/23

Tika A, CNA – 8/27

Heather S, Activities CNA – 8/27

Jennifer V, CNA – 8/28

Audra R, Activities – 8/29

Nimphia C – 8/31

Employee Work Anniversaries

Merry C, CNA – 1 Year

Diane S, Payroll – 25 years

Elaine M, Laundry – 1 year

William S, Housekeeping - 1 yr

Catherine P, Nursing – 2 years

Steve D, Dietary – 6 years

Uttra R, Nursing – 21 years

Elaine V, Nursing – 7 years

Mountain Vista Throwback Music Fest – August 10th

Have Waves if Fun in August!

We are headed into the end of summer, and we are looking forward to HUGE WAVES OF FUN! August 10th Mountain Vista will be hosting our 2nd annual Throwback Music Festival! Each stage will have an hour-long performance, a party favor or treat, a photo backdrop and lots of dancing. All residents, community members and families are welcome! If you know anyone who will be looking for last-minute volunteer hours this summer, this is a great event to do so! Please contact the Activities Department for more information.

Splashing in the Transportation department are a few new faces and a new outing coming up this next month. We are excited to introduce, Natasha our new driver and Bobby our new Activities CNA. Please welcome them to our community as we prepare them for their new roles in safe transportation and loads of fun. Residents at the last Activity Committee meeting requested to go on a lunch outing so we will be going to eat Mexican food! Woooo! Join us on August 29th for lunch at Tafolino's!

Final waves coming in, we will be spending the month of August preparing for two community September events that require hard work but provide a sweet reward. On September 10th, we will be going head-to-head in our first annual Assisted Living Olympic event against Evergreen's Elk Run Assisted Living. We will be competing in balloon volleyball, bowling, cornhole and cup races. Woo! On September 19th, we will be hosting an Art Walk that will showcase residents, staff and local artists around the community.

New John Poetry

Ice cream after eighty

At my age, things start getting serious
My advice is... Don't take it seriously
Afterall, our generation has all the
advantages

Consider...

A younger person can't move fast enough
To get to where they need to be
I'm already where I want to be
It didn't take that much effort

A younger person has friends everywhere
If only they knew Where they are
I have a few friends right here
We agree on what the weather is today

A younger person has to look Good
To attract someone special
I look the way I do
And it gets enough attention

A younger person relies on uppers and
downers
To get them going
I rely on my little pill
To keep me going

A younger person eats carefully and
exercises
So, they can last as long as we have

I got here in spite of myself
And I enjoy my ice cream after 80

Observations by new John

About New John Poetry:

Welcome to the newest section of our lovely newsletter. Here at Mountain Vista, we love to celebrate and showcase our residents' passions and hobbies. Here is a little bit about one of poetically talented residents:

John published a collection of poems illustrating his insights and observations of life after the age of eighty. It is titled *Musings From an Ordinary Man*. His forward reads as following:

"You have just opened my collection! A private collection of thoughts that have come to mind, over time. I do not know where they came from or why they came through me? Observations and insights, viewed from a lifetime perspective of an ordinary man with little time remaining. This collection is not complete because with the time that remains wisdom flows. I offer these musings as a gift and ask only that you read them as they have been written, with a quiet mind."

Read the poems thoughtfully, so your attention might recognize the poems intention. Then set it aside and let your thoughts embrace the wisdom of its source.

Perhaps a light is lit.. Fan the flame ..
live in the glow.

A new poem will be published in this newsletter each month.
We look forward to John's musings in the next edition.

Ireland's Mountain Monarch



For 400 years, residents of Killorglin, Ireland, have been celebrating their famous Puck Fair from August 10–12. The "Puck" of the fair is actually a *poc*, which is the Irish term for a male goat. Every year, a group climbs into the mountains and returns with a goat that is crowned King Puck, and a local schoolgirl is pronounced the Queen of Puck Fair.

The most beloved legend surrounding this fair's origins begins with Oliver Cromwell, the English military leader who led his armies into Ireland in the 17th century. Cromwell was leading his army across the Irish countryside when the soldiers scared a herd of grazing goats. The *poc*, or he-goat, broke away from the rest and fled to the village of Killorglin. When the goat arrived, exhausted from his flight, the locals discovered that danger was coming. They armed themselves in defense against Cromwell's army. Every year since then, the people of Killorglin have honored a he-goat by making him king for the three days of the fair. While no one is certain of the fair's true origins or the date it was first celebrated, there is a written record from King James I that mentions it being celebrated in Killorglin in the year 1613.

August 10 is known as Gathering Day. The town conducts a traditional horse fair, and King Puck is paraded through town to the village square, where he is crowned by the queen. The Queen of Puck Fair is chosen based on her submission of an essay related to the Puck Fair. August 11 is Fair Day, when vendors sell their wares and entertainers provide amusement for the thousands of fair visitors. On August 12, Scattering Day, the king and queen are paraded one last time through town, and King Puck is released back into the mountains. Of course, the revelry continues into the wee hours.

The Puck Fair is a testament to the tenacity and good character of the residents of Killorglin, who look forward to this special time each year when "the cares of everyday living are put on hold."

The Mane Event

August 10 is World Lion Day, a day to marvel at the majesty of the king of the jungle. Ironically, most lions do not roam the jungle but rather live on the dry plains of Africa. These expert predators grow to be four to six feet long and can weigh as much as 400 pounds. The females are the hunters, working together to feed the entire family of lions, called a pride. The male lions, with their shaggy manes, have the job of defending the pride against attack.

There is one small population of lions that does live in the jungle. Deep within the Gir Forest Reserve of India, alongside the Bengal tiger and the Indian rhino, lives the Asiatic lion. Smaller than their African cousins, Asiatic lions once roamed from Asia to the Middle East. Fewer than 600 of these lions exist today.

A Slice of Heaven



Braham, Minnesota, is the Homemade Pie Capital of Minnesota, and they aim to earn that reputation on the first Friday of August. There are plenty of pies to

eat, either at your leisure or competitively during the pie-eating contest. There are pies for sale and pies to bid on in the pie auction. There are pie-baking lessons and contests. There is even a Pie Art Show with art in two categories: 2D (drawings or paintings of pies) and 3D (pie sculptures).

While Braham was declared the Pie Capital in 1990, the city first became famous for its pie in the 1930s and 1940s, when travelers would take a "shortcut" through Braham on the way to Duluth and stop at the Park Cafe for its famous pie. You'll still find a huge variety of pies on the menu today. Dutch apple, banana cream, blueberry cream, strawberry, and coconut cream are local favorites. Which one is the best? There's only one way to find out—visit Braham on an empty stomach!