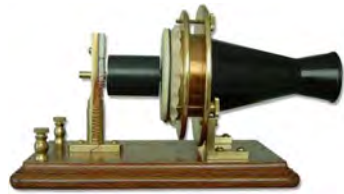


Mountain Vista View

Mountain Vista Senior Living | 4800 Tabor Street Wheat Ridge, CO 80033 | 303-421-4161

Clash of Inventors



Alexander Graham Bell is hailed as the inventor of the telephone. It was Bell who discovered that sound travels over electrical wires and that

these wires can be connected in a way that allows two people to speak to each other over long distances. On March 10, 1876, the telephone was born when Bell spoke to his assistant, Thomas A. Watson, saying, "Mr. Watson. Come here. I want to see you."

Was Bell the sole inventor of the telephone? Another renowned inventor, Elisha Gray, was working on a similar device. On February 14, 1876, Bell submitted an application to the patent office for his telephone. Just hours later, Gray submitted his own application for a patent. Gray wrote:

"To all whom it may concern: Be it known that I, Elisha Gray, of Chicago, in the County of Cook, and State of Illinois, have invented a new art of transmitting vocal sounds telegraphically, of which the following is a specification: It is the object of my invention to transmit the tones of the human voice through a telegraphic circuit, and reproduce them at the receiving end of the line, so that actual conversations can be carried on by persons at long distances apart."

When Gray discovered that Bell was awarded the patent, he took Bell to court. Not only did Gray believe that he submitted his paperwork first, he believed that Bell learned of one of his designs and stole it. How did Bell steal Gray's design? One of the patent examiners at the patent office swore in an affidavit that he had shared Gray's paperwork and designs with Bell. The legal battle lasted over two years.

The courts eventually ruled that while Gray had invented an important, even vital, component of the telephone, Bell had succeeded in creating the whole telephone. The rest, as they say, is history.

RC Presidential Corner



Thanks to all of you who attend Resident Council meetings, I truly appreciate it. March is a month of changes; we are gradually coming out of winter and soon it will be spring! I love to see green leaves, flowers and all the things that are beginning to grow. Then we also get to celebrate the "green" holiday, Saint Patrick's Day. Hopefully we will get to drink some green beer again this year. There have also been many changes at Mountain Vista, I trust that all of you are adjusting to these changes and doing well. Have a great month! Remember if you have an individual concern, please fill out one of the green concern forms. Also, remember we (Pat and I) are always here for you.

Pat S

Celebrating March

Birthdays

- Marciela A, CNA 3/4
- Cheryl R, CNA 3/6
- Mary O 3/6
- Dave S 3/10
- Danielle R, Dietician 3/11
- Emmi B, DON 3/12
- Megan S, Nursing 3/12
- Shawnta W, Nursing 3/18
- Betty V 3/20
- Tinisha L, Dietary 3/22
- Norma M 3/23
- Kerry D 3/23
- Josephine M 3/25
- Debra N 3/26
- Cherryanna A, HK 3/27

Anniversary

- Tinisha L, Dietary – 1 year
- Nadya G, CNA – 1year
- Cherryanna A, HK – 3 years
- Audra R, Activities – 9 years
- Patty N, CNA – 19 years

Social Services Month Registered Dietician Day

- March 13
- St. Patrick's Day
March 17
- Good Friday
March 29
- Easter
March 31

March Into Spring With Us!

We really sprang into action after a challenging few weeks in February. It is nice to see you all gathered again for meals and fun activity groups. Weather patterns have started to shift to having nicer days out, how exciting. Spring is often seen as a time of renewal. We are truly embracing this as we welcome several new members to the team. Anthony G, NHA, Emmi B, DON, Reggie M, CCM, Rosemary, CCM are just a few from the growing list. Be sure to say hello if you have not met our new staff yet!

Speaking of new! We have some exciting new activities to look forward to in March. On the 5th we will be hosting a dance and film festival in the main dining room. Culturally entertaining short films will be shown to the audience with an instructed dance class to follow. It's the green we need! In celebration of St. Patty's Day we have invited a skilled bagpiper! Check him out on March 13th. We are headed on a new adventure to the Denver Coliseum on March 17 to experience the Pow Wow. Last but not least! We have the famous Senior Snuggles coming by to teach us the benefits of hugs and positive sensory touch. Join us on the 26th for a hug with their giant teddy bear!

It is that time of year to begin thinking about gardening plans and preparation! Last year you grew various tomatoes, peppers, corn, pumpkins, squash and many more. What would you like to see grown this year in our community garden? If you have suggestions or would like to be part of the garden club, please see the activities department.

Jeopardy's Journey



Television quiz shows came under fire in the 1950s when it was discovered that contestants were given help and sometimes even answers by quiz show producers. The incredibly popular shows *Quiz Show*, *Twenty-One*, *Dotto*, and *The \$64,000 Question* were all revealed to have been rigged,

with contestants playing along to increase the dramatic tension and make the show more enjoyable for viewers. In 1960, Congress finally passed a law banning all fixing of quiz shows.

It's not surprising that many television networks were hesitant to produce any new quiz shows. But audiences craved them. In 1964, television producer Merv Griffin wanted to come up with a new game show. His wife, Julann, pitched him this idea: a show where the contestants were given the answer and challenged to come up with the question. For example, if the answer is 5,280, the question is, "What is, 'How many feet are in a mile?'" From that simple idea, the hit show *Jeopardy!* was born.

On March 30, 1964, *Jeopardy!* debuted, hosted by actor Art Fleming. It was a successful show, but after 11 years it folded. It was revived in 1984, this time hosted by Alex Trebek. For over three decades, Trebek reigned as the quintessential host of *Jeopardy!* With his poised demeanor and unmistakable voice, Trebek guided contestants through the challenging questions with wit and charm. He personified knowledge, embodying the essence of the beloved quiz show.

After Trebek's death in 2020, the show embraced a rotating roster of hosts, including notable figures like former contestant Ken Jennings and actress Mayim Bialik. Each host brought their unique flair while honoring Trebek's legacy. Beginning with Season 40, Jennings took the reins as full-time host. As the winner of 74 games of the show, there is no doubt that he's qualified for the job!

Denver Pow Wow

Join us on March 17th to learn more about this Native American tradition. Seats limited.

The modern Pow Wow is a gathering, a social occasion, and a time for Indian peoples to come together to sing and dance, and to honor the heritage that has been passed down to them from their ancestors. Modern Pow Wow dancing is an entity unto itself. The different styles are derived from traditional dances of the various tribes (each tribe has their own origin legends), but the individual dances are not specific to any one tribe - though they are often associated with a particular geographical area. The dances fall into three basic configurations" the Grand Entry, Intertribal Dances and Contests. Keep in mind, there are more than 500 federally recognized tribes in the United States.

Paws and Purrs



It doesn't get any cuter than March 23, when it is both Cuddly Kitten Day and National Puppy Day. The debate between cat people and dog people rages on.

At the Westminster Dog Show, dog authorities argue that they are outgoing while cat people are more aloof. Cat owners over at the Black Diamond Cat Show say they are more intelligent and independent than their dog-owning counterparts. According to researchers, dog people are more extroverted, agreeable, and conscientious. Cat lovers are a bit less traditional and more artistic. Both parties, however, love to cuddle

Byrne, DAVEY DOLLAR

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