| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|---|---|--|---|--|--|--|
| Mountain Vista Activity Areas: GR - Great Room (First Floor) CoR - Community Room/ Library (First Floor) MT - Movie Theater (First Floor) BR - Billiards Room (First Floor) AR - Activity Room (Second Floor) | 9:30 Exercise GR<br>10:30 Catholic Mass - MT<br>12:30 Marvel Movie:<br>Doctor Strange<br>1:30 Shuffle Board AR<br>Happy Birthday, Lucy M! | 9:30 Exercise GR<br>10:30 Cards BR<br>12:30 Movie Time MT<br>2:30 Trivia AR<br>3:15 BINGO GR           | 9:30 Exercise GR 10:30 Bible Study GR 12:30 Movie Time MT 1:30 Nails AR 3:15 BINGO GR  Happy Birthday, Bob L!         | 9:30 Exercise GR<br>10:30 Breathing Exercises<br>GR<br>12:30 Movie Time MT<br>1:30 Food Club GR<br>2:30 Arts & Crafts AR<br>3:30 Self Care Chat AR | 9:30 Exercise GR<br>10:30 Would You Rather AR<br>12:30 Movie Time MT<br>1:30 Door to Door<br>3:15 Board Games AR   | 9:30 Exercise GR<br>10:30 Past Times AR<br>12:30 Movie Time MT<br>1:30 Coloring AR<br>3:15 Travel Saturdays MT |
|   | 9:30 Exercise GR<br>10:30 Catholic Mass - MT<br>12:30 Marvel Movie: Black<br>Panther<br>2:30 Word Games<br>3:15 Shuffle Board AR          | 9:30 Exercise GR<br>10:30 Cards BR<br>12:30 Movie Time MT<br>2:30 Trivia AR<br>3:15 BINGO GR           | 9:30 Exercise GR<br>10:30 Bible Study GR<br>12:30 Movie Time MT<br>1:30 Nails AR<br>3:15 BINGO GR                     | 9:30 Exercise GR<br>10:30 Meditating GR<br>12:30 Movie Time MT<br>1:30 Stock Show Facts AR<br>2:00 Cooking Corner AR                               | 9:30 Exercise GR 10:30 Would You Rather AR 11:45 Lunch Outing - Texas Roadhouse 12:30 Movie Time MT 1:30 Door to Door 3:00 Music with Randy in Memory Care | 9:30 Exercise GR<br>10:30 Past Times AR<br>12:30 Movie Time MT<br>1:30 Coloring AR<br>3:15 Travel Saturdays MT |
| Outing (Stock Show)  Board Games, Puzzle, Cards, Activity Packets   | 9:30 Exercise GR<br>10:30 Catholic Mass - MT<br>12:30 Marvel Movie:<br>Thor: Ragnarök<br>2:30 MLK Day Chat<br>3:15 Shuffle Board AR       | 9:30 Exercise GR<br>10:30 Cards BR<br>12:30 Movie Time MT<br>2:30 Trivia AR<br>3:15 BINGO GR           | 9:30 Exercise GR 10:30 Bible Study GR 11:30 Lunch Outing - Tea Garden 12:30 Movie Time MT 1:30 Nails AR 3:15 BINGO GR | 9:30 Exercise GR<br>10:30 Vision or Prayer<br>Boards<br>12:30 Movie Time MT<br>1:30 Word Games AR<br>2:30 Bowling Chat AR<br>3:00 Arts & Crafts AR | 9:30 Exercise GR<br>10:30 Would You Rather AR<br>12:30 Movie Time MT<br>1:30 Door to Door<br>3:15 Board Games AR   | 9:30 Exercise GR<br>10:30 Past Times AR<br>12:30 Movie Time MT<br>1:30 Coloring AR<br>3:15 Travel Saturdays MT |
| Cards, Activity Packets<br>available in the Activities<br>Room for independent use.   | 9:30 Exercise GR 10:30 Catholic Mass - MT. 12:30 Marvel Movie: Black Widow 2:30 Illuminating Hearts 3:15 Shuffle Board AR                 | 9:30 Exercise GR<br>10:30 Cards BR<br>12:30 Movie Time MT<br>2:30 Trivia AR<br>3:15 BINGO GR           | 9:30 Exercise GR 10:30 Bible Study GR 12:30 Movie Time MT 1:30 Shopping Outing - Target 3:30 Nails AR                 | 9:30 Exercise GR 10:30 Meet and Greet with Jayson R, ED - GR 12:30 Movie Time MT 1:30 Bowling Outing   | 9:30 Exercise GR 10:30 Winter Social AR 12:30 Movie Time MT 1:30 Door to Door 3:15 Board Games AR  | 9:30 Exercise GR<br>10:30 Past Times AR<br>12:30 Movie Time MT<br>1:30 Coloring AR<br>3:15 Travel Saturdays MT |
| Board Games, Puzzle, Cards, Activity Packets available in the Activities Room for independent use.  | 9:30 Exercise GR 10:30 Catholic Mass - MT 12:30 Marvel Movie: Avengers: Infinity Wars 2:30 Word Games 3:15 Shuffle Board AR               | 9:30 Exercise GR<br>10:30 Cards BR<br>12:30 Movie Time MT<br>2:30 Floral Arranging AR<br>3:15 BINGO GR | 9:30 Exercise GR 10:30 Bible Study GR 12:30 Movie Time MT 1:30 Resident Council GR 2:30 Nails AR 3:15 BINGO GR        | Jan Catholic Communio  | n will be given on Thursday by Mary Arnent to sign up for outings and for any activities.  | nn from Joan of Arc.   |