

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|--|--|---|---|--|---|---|
| <b>Resident Right: Right to participate in Resident Council.</b><br><b>MDH = Main Dining Hall</b>                                    | <b>1</b><br>9:30 Balloon Volleyball<br>10:00 Good Morning Mt Vista<br>11:00 Devotions<br>1:00 Monday Movie<br>2:30 Drumbeats<br>3:30 Exercise  | <b>2</b><br>9:30 Garden Club<br>10:00 Good Morning Mt Vista<br>10:30 Karaoke (MDH)<br>1:00 Tuesday Toons<br>2:30 Cookie Decorating<br>3:30 Exercise   | <b>3</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 Coloring Corner<br>1:00 Domestic Pursuits<br>1:30 Western Wednesday<br>3:30 Exercise  | <b>4</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 BINGO<br>11:30 Magazine<br>1:30 Comedy Hour<br>2:30 Manicures<br>3:30 Exercise       | <b>5</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 Coloring Corner<br>1:00 Friday Flicks<br>2:00 Game Time<br>3:30 Exercise                  | <b>6</b><br>9:30 Kickball<br>10:30 News & Chat<br>11:00 Building Blocks<br>1:00 Saturday Cinema<br>2:00 Punny Jokes!  |
| <b>7</b><br>9:30 Let's Move<br>10:30 Church (MDH)<br>1:30 Name That Tune<br>2:00 Sunday Cinema<br>3:00 Card Game<br>3:30 Dance Party | <b>8</b><br>9:30 Balloon Volleyball<br><b>10:30 Outing: Scenic Drive</b><br>11:00 Devotions<br>1:00 Monday Movie<br>2:30 Garage Band<br>3:30 Exercise                                | <b>9</b><br>9:30 Stroll & Roll<br>10:00 Good Morning Mt Vista<br>10:30 Karaoke (MDH)<br>1:00 Tuesday Toons<br>2:30 Creative Corner<br>3:30 Exercise   | <b>10</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 Building Blocks<br>1:00 Domestic Pursuits<br>1:30 Western Wednesday<br>3:30 Exercise | <b>11</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 BINGO<br>11:30 Music Corner<br>1:30 Comedy Hour<br>2:30 Manicures<br>3:30 Exercise  | <b>12</b><br>9:30 Basketball<br>10:00 Good Morning Mt Vista<br>10:30 Coloring Corner<br>1:00 Friday Flicks<br>2:00 Game Time                                | <b>13</b><br>9:30 Kickball<br>10:30 Good Morning Mt Vista<br>11:00 History of Denver<br>1:00 Music Corner<br>2:00 Movie!                                    |
| <b>14</b><br>9:30 Patio Chat<br>10:30 Church Service (MDH)<br>1:10 Rockies Game<br>2:30 Word Searches<br>3:30 Shuffleboard           | <b>15</b><br>9:30 Balloon Volleyball<br>10:00 Good Morning Mt Vista<br>11:00 Devotions<br>1:00 Monday Movie<br>2:30 Sing Along<br>3:30 Exercise                                      | <b>16</b><br>9:30 Garden Club<br>10:00 Good Morning Mt Vista<br>10:30 Karaoke (MDH)<br>1:00 Trivia<br>2:30 Creative Corner<br>3:30 Exercise   | <b>17</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 History/News<br>1:00 Domestic Pursuits<br>1:30 Western Wednesday<br>3:30 Exercise    | <b>18</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 BINGO<br>11:30 Dot to Dot<br>1:30 Comedy Hour<br>2:30 Manicures<br>3:30 Exercise    | <b>19</b><br>9:30 Basketball<br>10:00 Good Morning Mt Vista<br>10:30 Trivia<br>1:30 Friday Flicks<br>2:00 Creative Corner<br>3:30 Exercise                  | <b>20</b><br>9:30 Kickball<br>10:30 News & Chat<br>11:00 Coloring Corner<br>1:00 Saturday Cinema<br>2:00 Would You Rather?                                  |
| <b>21</b><br>9:30 Let's Move<br>10:30 Church (MDH)<br>1:30 BINGO<br>2:00 Sunday Cinema<br>3:00 Coloring Corner<br>3:30 Dance Party   | <b>22</b><br>9:30 Balloon Volleyball<br>10:00 Good Morning Mt Vista<br>11:00 Devotions<br>1:00 Monday Movie<br>2:30 Magazine Chat<br>3:30 Exercise                                   | <b>23</b><br>9:30 Let's Go<br>10:00 Good Morning Mt Vista<br>10:30 Karaoke (MDH)<br>1:00 Tuesday Tunes<br>2:30 Paint By Number<br>3:30 Exercise   | <b>24</b><br>9:30 Let's Go<br>10:00 Good Morning Mt Vista<br>10:30 History/ News<br>1:00 Domestic Pursuits<br>1:30 Western Wednesday<br>3:30 Exercise   | <b>25</b><br>9:30 Let's Go<br>10:00 Good Morning Mt Vista<br>10:30 BINGO<br>11:30 Magazine Chat<br>1:30 Comedy Hour<br>2:30 Manicures<br>3:30 Exercise | <b>26</b><br>9:30 Basketball<br>10:00 Good Morning Mt Vista<br>10:30 Puzzles<br>1:30 Friday Flicks<br>2:00 Card Games<br>3:00 Nuts & Bolts<br>3:30 Exercise | <b>27</b><br>9:30 Kickball<br>10:00 Good Morning Mt Vista<br>10:30 Music Corner<br>1:00 Saturday Cinema<br>2:00 Football and Snacks<br>3:00 Coloring Corner |
| <b>28</b><br>9:30 Let's Move<br>10:30 Church (MDH)<br>1:30 BINGO<br>2:00 Sunday Cinema<br>3:00 Coloring Corner<br>3:30 Dance Party   | <b>29</b><br>9:30 Beach Volleyball<br>10:00 Sun Rays & News<br>11:00 Devotions<br>1:00 Movie Time: Blue Hawaii<br>2:30 Summertime Snacks<br>3:30 Exercise<br><b>BEACH PARTY DAY!</b> | <b>30</b><br>9:30 Let's GO<br>10:00 Good Morning Mt Vista<br>10:30 BINGO<br>11:30 Magazine<br>1:00 Tuesday Toons<br>2:30 Creative Corner<br>3:30 Exercise<br><b>Happy Birthday, Charlene G!</b> | <b>31</b><br>9:30 Let's GO<br><b>10:30 Resident Council</b><br>1:00 Domestic Pursuits<br>1:30 Western Wednesday<br>3:30 Exercise                        | <h1>August 2022</h1> <h2>Memory Care</h2>  |   |   |